



About Saturday Family Workshop

Saturday Family Workshop (SFW), a key component of Compact C.A.R.E. services, is a school-based intervention model which offers a helping perspective for families dealing with substance abuse issues.

Since 1994, this service has been provided by the Six District Educational Compact at no charge.

SFW is offered as an alternative consequence to students in grades 8-12 when they have violated their school's substance abuse policy or received a juvenile justice referral. In this circumstance, the student must attend three sessions on consecutive Saturday mornings accompanied by at least one parent or legal guardian.

In addition, any family may elect to participate in Saturday Family Workshop solely for their own education and awareness.

Instructional methods include short lectures and films, as well as large and small group discussions in an informal setting. Instructors have extensive training in substance abuse education.

It is the policy of the Six District Educational Compact to offer educational programs and activities without regard to race, color, national origin, sex and handicap, as required by the Civil Rights Act of 1964.

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COMPACT C.A.R.E.

Chemical Abuse Reduced by Education 2018-19

A Student Assistance Program offered in Cuyahoga Falls, Hudson, Kent, Stow-Munroe Falls, Tallmadge and Woodridge school districts as part of the Six District Educational Compact



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What is C.A.R.E.?

The Six District Educational Compact Chemical Abuse Reduced by Education (C.A.R.E.) program was established in 1981 to provide early intervention and referral services for students experiencing problems with mood-altering chemicals, as well as prevention/education resources to Compact school districts. C.A.R.E. also provides support services not only for students recovering from chemical dependency but also for teachers and staff who work with students dealing with these issues.

What do C.A.R.E. Coordinators do?

- Provide a comprehensive, district-wide approach to tobacco, alcohol and other drug abuse prevention and intervention programming.
- Offer free, accessible services and information from an identified person in each school district, including initial assessment, intervention, referral, case management and follow-up services.
- Identify signs and symptoms of tobacco, alcohol and drug abuse and provide intervention and referral, often on a crisis basis.
- Work with students, parents, teachers, administrators, staff and law enforcement officials.

Programs and Services:

- **Saturday Family Workshop for students grades 8-12.**
- **Saturday Family Conflict Resolution/Anger Management Program for middle and high school students.**
- **Community First/Asset Development Initiative in Hudson**
- **Community programs and presentations**
- **Parent networking and resources**
- **National Red Ribbon Week**
- **Student peer intervention programs**
- **Health promotion and wellness programs**
- **Curriculum planning and consultation**
- **Education/information clearinghouse including data collection**
- **Coordination with community groups and partnerships**
- **Collaboration with county juvenile courts**

Annual C.A.R.E. Committee Awards

Each year at the annual C.A.R.E. awards dinner, the C.A.R.E. Committee Award of Appreciation is presented to a remarkable individual or organization in recognition of outstanding service to the Six District Educational Compact schools and communities.

Recipients of this award have truly distinguished themselves in substance abuse prevention and intervention efforts.

In addition, each school district recognizes a school-based or community resident or organization with a C.A.R.E. district award.

What C.A.R.E. Coordinators say:



"We deal with reality."

"We are a safety net. We help kids stay in school, meet their potential, have a successful life, be healthy and well."

"Tobacco, drug and alcohol abuse is a national, state and local issue. Awareness and prevention are key."

"In some cases, we provide a second chance to first-time offenders. Without C.A.R.E., the alternative is juvenile court."

"There is a place and a person to go to if you have a concern about drugs and violence. A resource is available - with a name and a face."

