



GRADS PROGRAM

GRADS (Graduation, Reality, and Dual-Role Skills) is an in-school Family and Consumer Sciences instructional and intervention course for pregnant and parenting, male and female students. This program also provides case-management services, linking students with agencies that will help them be successful in school, in their parenting role, and at home.

With an emphasis on graduation, expecting students will focus on communications, relationships, problem solving, and options and decisions related to pregnancy. Pregnancy related topics such as: nutrition and wellness, prenatal and fetal development, costs of parenthood, childbirth and postnatal care are explored.

Parenting students will focus on knowledge and skills related to parenting and economic independence. Specific parenting topics include newborn expectations, adjustments to parenting, child development, emergent literacy, health and safety, nutrition, child-care, and child guidance. Topics related to economic independence are: career development, goal setting, childcare options, job search, employability and economic resources. A student completing this class recognizes the importance of graduation in relation to being a skilled and caring parent.

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