Saturday Family Workshop: Effective Strategies for Managing Anger-Conflict-Emotion (MACE)

Managing Anger-Conflict-Emotion (MACE) Behavior/Program Guidelines

The Saturday Family Workshop: Effective Strategies for Managing Anger-Conflict-Emotion (MACE) is an intensive, family-based program offered to high school students and their parents or legal guardians as a required alternative consequence of a school policy or juvenile justice referral. MACE is an educational intervention program, not counseling or therapy. It is a service provided by the Six District Educational Compact at no charge.

Acceptable Behavior Guidelines:

- No smoking permitted by students or by adults on school property/grounds, including in personal vehicles parked on school property.
- Appropriate, respectful behavior is expected. Unacceptable behavior, including use of foul language, shouting, disruptive behavior and vandalism, will not be tolerated.
- Cell phones and other technologies are not to be used during the MACE sessions.

Program Guidelines:

- Students and parents/guardians must attend MACE sessions within 60 days after the incident which initiated the referral. This referral is assigned by either a school district or a juvenile justice entity. Questions should be directed to the referring agent.
- Students and their parents/guardians are required to attend both sessions. All sessions are held the same day and are 1 hour in length, beginning at 8:30am and ending at 10:45am. Missing one of the two sessions will result in either the student serving the waived suspension or participating in a future MACE session (i.e., the two sessions).
- Rescheduling a MACE session is permitted only due to an emergency.
- If rescheduling a MACE session is permitted, arrangements will be handled by the referring agent (school district or juvenile justice entity).
- Students and their parents/guardians will give a brief description of the incident that led to their referral to the MACE Program.
- All MACE Program participants will maintain confidentiality.
- Assigned homework must be completed by the next MACE Program session.
- Refreshment breaks will be announced by MACE Program coordinators.
- Dress code at the sessions should reflect the dress policy of the host school district. Specifically, clothing should be neat, clean and in good taste. Hats are not permitted.



Six District Educational Compact

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