

**For more information about  
Saturday Family Anger  
Management Program, contact:**

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**Six District Educational Compact**

**Mary Jane Stanchina**, Executive Director  
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**Facilitators:**

**Robert and Karen Sykes**

**Six District  
Educational Compact  
Districts**

**Cuyahoga Falls City Schools**

431 Stow Avenue • Cuyahoga Falls, Ohio 44221  
(330) 926-3800

**Hudson City Schools**

2400 Hudson-Aurora Road • Hudson, Ohio 44236  
(330) 650-4040

**Kent City Schools**

321 N. DePeyster Street • Kent, Ohio 44224  
(330) 673-6515

**Stow-Munroe Falls City Schools**

4350 Allen Road • Stow, Ohio 44224  
(330) 689-5445

**Tallmadge City Schools**

McCombs Education Center  
486 East Avenue • Tallmadge, Ohio 44278  
(330) 633-3291

**Woodridge Local Schools**

4411 Quick Road • Peninsula, Ohio 44264  
(330) 928-9074

**Saturday Family  
Anger Management  
Program  
MIDDLE SCHOOL**

**2018-19**

*An intensive family-based program  
offered to secondary school students  
grades 7, 8 9 and their parents or  
legal guardians as a proactive measure  
or as an alternative consequence of a  
school policy violation.*



**Six District  
Educational Compact**

Cuyahoga Falls • Hudson • Kent • Stow-Munroe Falls  
Tallmadge • Woodridge

**[www.sixdistrict.com](http://www.sixdistrict.com)**

It is the policy of the  
Six District Educational Compact  
to offer educational programs and activities without  
regard to race, color, national origin, sex and handicap,  
as required by the Civil Rights Act of 1964.

## What is the Saturday Family Anger Management Program?

The Saturday Family Anger Management Program is a school-based intervention model with a helping perspective for families dealing with inappropriate actions as a result of anger. It is a service provided by the Six District Educational Compact at no charge.

**This program is offered to students in grades 7, 8 and 9 and their parents or legal guardians as a proactive step before a school policy violation, or as an alternative consequence of a school policy violation.**

Focused on the family, attendance of the student and at least one parent or legal guardian is required. In addition, any family can choose to participate in the Saturday Family Anger Management Program solely to increase their own education and awareness of anger issues.

The workshop is designed with an educational format to teach Anger Management and Conflict Resolution. Instructional methods include short lectures, videos and group discussions in an informal setting. The facilitators focus on assisting families and giving practical strategies for success in dealing with anger and conflict.

## Program Features

- The Saturday Family Anger Management Program is provided free of charge to students in grades 7, 8 and 9 who attend a Six District Educational Compact school. A fee will be required for students from non Compact school districts.
- With emphasis placed on family interactions, at least one parent or legal guardian must attend with his or her child.
- The program follows an educational format rather than providing counseling or therapy.
- Teaching methods include lectures, videos and group discussions. Sessions are very interactive and are conducted in an informal setting that encourages discussion.
- Facilitators focus on assisting families by giving practical strategies for dealing with anger and will share how to navigate conflict successfully.

## Program Topics

- Take the F.I.G.H.T. out of Anger
- Anger is a Secondary Emotion So Let's Deal with the Real Problem
- Is Anger Good or Bad?
- Battleship Bursting vs. Submarine Stewing
- Dealing with Panic and Stress
- What Really is Conflict Resolution?
- Five Styles of Handling Conflict

## Program Times and Dates

**Time:** 8:30 to 10:45 a.m.

### Saturday Dates:

- September 15, 2018
- October 6, 2018
- November 3, 2018
- December 1, 2018
- January 12, 2019
- February 2, 2019
- March 9, 2019
- April 6, 2019
- May 4, 2019

### Location:

Woodridge Middle School Library  
4451 Quick Road  
Peninsula, OH 44264

**SPECIAL NOTE:** To receive important SFAMP reminders and updates regarding inclement weather, text the message @b39ffh to the number 81010.



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Educational Compact

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