



Athletic Health Care and Fitness

News about a College Tech Prep Program from the Six District Educational Compact

About AHCF worksite shadow experiences



Senior AHCF student **Joseph Gresser**, Stow-Munroe Falls, and **Dr. Nilesh Shah**, Director of Summa Sports Medicine and AHCF Advisory Committee Chair.

Athletic Health Care and Fitness students are required to complete 10 professional worksite shadow experiences during the first semester of their second year of the program. Students are responsible for identifying, contacting and scheduling their own worksite experiences.

"The things that I have seen and experienced through my shadows have really helped me determine that I want to be a health care professional," explains **Joseph Gresser**, Stow-Munroe Falls.

According to instructor **Terry Slattery**, "These health care professional visitations provide the students with authentic learning opportunities. They can interact in a work environment with professionals in a variety of clinical health care facilities and professions."

Upon completion of each experience, students submit a written journal account of their visitation. Students discuss what they observed, and learned from the observation.

"These professional work site shadow experiences are invaluable to the students," Slattery says. "The experiences allow the students the ability to make better informed decisions about their future pathways in health care professions."

"The opportunity to see and interact with health care professionals in fields that the students are interested in is something that I wish I would have been able to experience when I was in high school," says **Dr. Nilesh Shah**, Director of Summa Sports Medicine.

"As I talk to completers of the AHCF program, I constantly hear that the professional worksite shadow experiences were the single best thing they did while in the program to help them with their future," Slattery concludes. "They find that the professional networking that they made in high school carries over into their collegiate studies and helps them gain opportunities that other students do not have."



From left, **Sydney Justice**, Roosevelt; **Noah Beseda**, Hudson; **Madi Horrigan**, Cuyahoga Falls; **Noah Kirkland**, Cuyahoga Falls; and **Sami Staubs**, Cuyahoga Falls.

Shadowing at Austen Simulation Center

Senior AHCF students benefit from hearing about the Austen Simulation Center at Akron Children's Hospital. Nursing educator **Lori Ferrara**, RN, helps organize the student experiences to observe different inter-professional courses. Programmable simulated mannikins are used to help train doctors and staff in the Simulation Center.

AHCF completer now professor at The Ohio State University

2003 Roosevelt graduate and AHCF completer **Jodi Hensel Baxter**, Au.D., is a clinical assistant professor in Speech and Hearing Science at The Ohio State University. The daughter of CTE secretary **Edna Hensel**, Jodi continues to support the Athletic Health Care and Fitness program by serving as a mentor and professional shadowing participant.

Recently, Jodi was one of 12 audiologists selected to participate in the Jerger Future Leaders of Audiology, a program for young audiologists sponsored by the American Academy of Audiology. The four-day program held in Washington, DC, focuses on audiologists who have already demonstrated a significant skill for leadership and commitment to their profession.



Six District Educational Compact

Cuyahoga Falls • Hudson • Kent • Stow-Munroe Falls • Tallmadge • Woodridge

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Meet Eva Paoloni, completer and Physicians Assistant

Eva Paoloni, a 2010 Roosevelt graduate and AHCF completer, recently graduated from the University of Mount Union after completing a 27-month master's degree in Physician Assistant Studies.

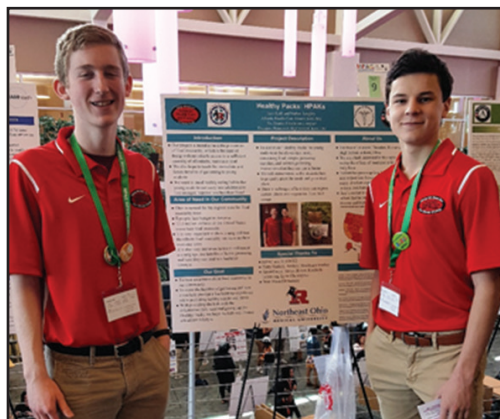


"I decided to be a PA about halfway through my undergraduate studies at The University of Akron," Eva says. "I met **Angie Stetler**, PA-C during my shadowing experiences while in Athletic Health Care and Fitness and kept in contact with her and continued to shadow her to see firsthand the responsibilities and duties of a Physician Assistant." After graduating from UA in biology and psychology, Eva worked for a year in a chiropractor's office to get patient care experience.

Eva credits her experiences in AHCF to her success. "In addition to getting college credit at The University of Akron, the shadowing requirements of the second year of AHCF allowed me to meet my mentor and also complete the shadowing requirements for my Physician Assistant school application," she explains.

Presenting at NEOMED Scholars Day

Last April, 29 juniors from the Athletic Health Care and Fitness College Tech Prep program presented at the Health Professions Affinity Community (HPAC) program at the 6th Annual Scholars Day Sunday at NEOMED. They showcased posters and oral symposium work completed in their Six District Educational Compact communities including mental health, service dog therapy, substance abuse and healthy packs.



From left, Roosevelt students **Nathan Loughry**, and **Jace Kohl** won Overall Project of the Year.

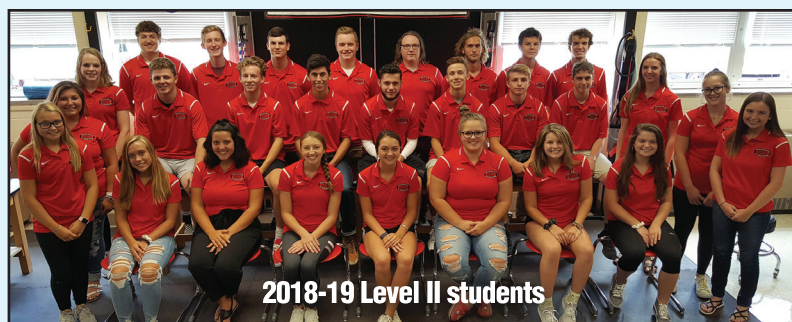
What you will study in AHCF

Athletic Health Care and Fitness is a College Tech Prep program designed for students interested in health care careers such as Athletic Training, Physical/Occupational Therapy, Strength/Fitness, Emergency Response, Medical Doctor, Nutrition/Wellness and others.

Students gain knowledge through rigorous academic and clinical instruction that is aligned to standards set by the Ohio Department of Education and the Health Science Career Technical Education core standards.

Core courses embedded in the program include Human Anatomy and Physiology I & II, Medical Terminology, Exercise and Athletic Training, Fitness Evaluation and Assessment and Professional Capstone Research. Currently, nine post-secondary credits are available upon successful completion of the program and criteria set by the Ohio Department of Higher Education.

Since 1997, over 80 percent of program completers have finished or are in the process of completing academic and professional degrees in a wide variety of health care fields. Completers are an important link to the continued success of the program and play active roles in classroom education, professional mentorships and worksite opportunities.



2018-19 Level II students



2018-19 Level I students

Off to college—see where our 2018 completers are studying

