

**For more information about
Saturday Family Anger
Management Program, contact:**

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Six District Educational Compact

Mary Jane Stanchina, Executive Director
Telephone: (330) 655-2247

Facilitators:

Robert and Karen Sykes

**Six District
Educational Compact
Districts**

Cuyahoga Falls City Schools

431 Stow Avenue • Cuyahoga Falls, Ohio 44221
(330) 926-3800

Hudson City Schools

2400 Hudson-Aurora Road • Hudson, Ohio 44236
(330) 650-4040

Kent City Schools

321 N. DePeyster Street • Kent, Ohio 44224
(330) 673-6515

Stow-Munroe Falls City Schools

4350 Allen Road • Stow, Ohio 44224
(330) 689-5445

Tallmadge City Schools

McCombs Education Center
486 East Avenue • Tallmadge, Ohio 44278
(330) 633-3291

Woodridge Local Schools

4411 Quick Road • Peninsula, Ohio 44264
(330) 928-9074

**Saturday Family
Anger Management
Program
MIDDLE SCHOOL**

2020-21

*An intensive family-based program
offered to secondary school students
grades 7, 8 and 9 and their parents or
legal guardians as a proactive measure
or as an alternative consequence of a
school policy violation.*



**Six District
Educational Compact**

Cuyahoga Falls • Hudson • Kent • Stow-Munroe Falls
Tallmadge • Woodridge

www.sixdistrict.com

It is the policy of the
Six District Educational Compact
to offer educational programs and activities without
regard to race, color, national origin, sex and handicap,
as required by the Civil Rights Act of 1964.

What is the Saturday Family Anger Management Program?

The Saturday Family Anger Management Program is a school-based intervention model with a helping perspective for families dealing with inappropriate actions as a result of anger. It is a service provided by the Six District Educational Compact at no charge.

This program is offered to students in grades 7, 8 and 9 and their parents or legal guardians as a proactive step before a school policy violation, or as an alternative consequence of a school policy violation.

Focused on the family, attendance of the student and at least one parent or legal guardian is required. In addition, any family can choose to participate in the Saturday Family Anger Management Program solely to increase their own education and awareness of anger issues.

The workshop is designed with an educational format to teach Anger Management and Conflict Resolution. Instructional methods include short lectures, videos and group discussions in an informal setting. The facilitators focus on assisting families and giving practical strategies for success in dealing with anger and conflict.

Program Features

- The Saturday Family Anger Management Program is provided free of charge to students in grades 7, 8 and 9 who attend a Six District Educational Compact school. A fee will be required for students from non-Compact school districts.
- With emphasis placed on family interactions, at least one parent or legal guardian must attend with his or her child.
- The program follows an educational format rather than providing counseling or therapy.
- Teaching methods include lectures, videos and group discussions. Sessions are very interactive and are conducted in an informal setting that encourages discussion.
- Facilitators focus on assisting families by giving practical strategies for dealing with anger and will share how to navigate conflict successfully.

Program Topics

- Take the F.I.G.H.T. out of Anger
- Anger is a Secondary Emotion So Let's Deal with the Real Problem
- Is Anger Good or Bad?
- Battleship Bursting vs. Submarine Stewing
- Dealing with Panic and Stress
- What Really is Conflict Resolution?
- Five Styles of Handling Conflict

Program Times and Dates

Time: 8:30 to 10:45 a.m.

Saturday Dates:

- September 19, 2020
- October 24, 2020
- November 7, 2020
- December 12, 2020
- January 9, 2021
- February 20, 2021
- March 20, 2021
- April 17, 2021
- May 7, 2021

Location:

Woodridge Middle School Library
4451 Quick Road
Peninsula, OH 44264

Sessions may be held in person or virtually.

SPECIAL NOTE: To receive important SFAMP reminders and updates regarding inclement weather, text the message @b39ffh to the number 81010.



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