

**For more information about
Saturday Family Workshop, contact:**

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Six District Educational Compact

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Facilitators:

Robert and Karen Sykes
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**Six District
Educational Compact
Districts**

Cuyahoga Falls City Schools

431 Stow Avenue • Cuyahoga Falls, Ohio 44221
(330) 926-3800

Hudson City Schools

76 N. Hayden Pkwy, Hudson, OH 44236
(330) 650-4040

Kent City Schools

321 N. DePeyster Street • Kent, Ohio 44224
(330) 673-6515

Stow-Munroe Falls City Schools

4350 Allen Road • Stow, Ohio 44224
(330) 689-5445

Tallmadge City Schools

McCombs Education Center
486 East Avenue • Tallmadge, Ohio 44278
(330) 633-3291

Woodridge Local Schools

4411 Quick Road • Peninsula, Ohio 44264
(330) 928-9074

**Saturday Family Workshop:
Effective Strategies
for Managing Anger-
Conflict-Emotion (MACE)
GRADES 5-8**

2024-2025

*An intensive family-based program
offered to students in grades 5, 6, 7 and
8 and their parents or legal guardians
as a proactive measure or as an
alternative consequence of a school
policy violation.*



**Six District
Educational Compact**

Cuyahoga Falls • Hudson • Kent • Stow-Munroe Falls
Tallmadge • Woodridge

www.sixdistrict.com

It is the policy of the
Six District Educational Compact
to offer educational programs and activities without
regard to race, color, national origin, sex and handicap,
as required by the Civil Rights Act of 1964.

What is the Saturday Family Workshop: Effective Strategies for Managing Anger-Conflict-Emotion (MACE)?

The Saturday Family Workshop: Effective Strategies for Managing Anger-Conflict-Emotion (MACE) is a school-based intervention model with a helping perspective for families dealing with inappropriate actions as a result of anger. It is a service provided by the Six District Educational Compact at no charge.

This program is offered to students in grades 5, 6, 7 and 8 and their parents or legal guardians as a proactive step before a school policy violation, or as an alternative consequence of a school policy violation.

Focused on the family, attendance of the student and at least one parent or legal guardian is required. In addition, any family can choose to participate in the Saturday Family Workshop MACE solely to increase their own education and awareness of these issues.

The workshop is designed with an educational format to teach these effective strategies for Anger Management and Conflict Resolution. Instructional methods include short lectures, videos and group discussions in an informal setting. The facilitators focus on assisting families and giving practical strategies for success in dealing with anger, conflict, and emotions.

Program Features

- The Saturday Family Workshop: Effective Strategies for Managing Anger-Conflict-Emotion (MACE) is provided free of charge to students in grades 5, 6, 7 and 8 who attend a Six District Educational Compact school. A fee will be required for students from non-Compact school districts.
- With emphasis placed on family interactions, at least one parent or legal guardian must attend with his or her child.
- The program follows an educational format rather than providing counseling or therapy.
- Teaching methods include lectures, videos and group discussions. Sessions are very interactive and are conducted in an informal setting that encourages discussion.

Program Topics

- **Take the F.I.G.H.T. out of Anger**
- **Anger is a Secondary Emotion So Let's Deal with the Real Problem**
- **Is Anger Good or Bad?**
- **Battleship Bursting vs. Submarine Stewing**
- **Dealing with Panic and Stress**
- **What Really is Conflict Resolution?**
- **Five Styles of Handling Conflict**

Program Times and Dates

Time: 8:30 to 10:45 a.m.

Saturday Dates:

- **September 7, 2024**
- **October 12, 2024**
- **November 9, 2024**
- **December 7, 2024**
- **January 11, 2025**
- **February 8, 2025**
- **March 8, 2025**
- **April 12, 2025**
- **May 10, 2025**

Location:

All meetings will be held via Zoom so that families can benefit from and enjoy the workshops from the comfort of their own homes.



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