



Athletic Health Care and Fitness

Career-Technical Education Program News from the Six District Educational Compact



City of Kent paramedics visit Roosevelt

Students received valuable training from Kent City paramedics at a recent visit. Paramedics spent the afternoon at Roosevelt and taught students how to care for patients with possible neck or back injuries, focusing on maintaining c-spine and spine boarding techniques. Students practiced with a regular and mattress spine boards that are used during emergencies.

The paramedics reviewed different lifting techniques including the supine log roll, the prone log roll and the multi-person lift. We appreciate our unique partnership with the city and recognize how valuable opportunities such as this are to our students.



Student volunteer opportunity at Akron Children's Hospital

Recently, AHCF students were volunteers at Akron Children's Hospital during their simulation trainings. Simulation trainings create realistic scenarios where healthcare teams can practice their skills, work together and improve their communication during high-stress situations. AHCF students acted as models during these trainings, helping to facilitate realistic situations. The simulated situations included everything from basic procedures to advanced life support for both children and adults. Students also received hands-on experience with healthcare skills such as placing IV lines, basic airway care and inserting an airway.

This volunteer opportunity helps ensure that healthcare workers are prepared for any situation they might face and teaches students the importance of teamwork and communication in medicine. Thank you, Akron Children's Hospital and Lori Ferrara, for providing this opportunity to our students.

Bags to Benches partnership with NexTrex

We are excited to announce that AHCF will be partnering with NexTrex for their Bag to Benches program. Starting in 2025, we will begin collecting plastic bags to help create sustainable benches. The bench will honor the legacy of former Athletic Trainers **Terry Slattery** and **Ernie Rutzky**.

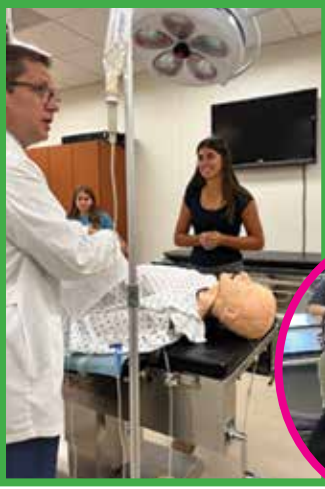


Six District Educational Compact

Cuyahoga Falls • Hudson • Kent • Stow-Munroe Falls • Tallmadge • Woodridge

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Field Trips!



Students traveled to The University of Akron to learn about their Exercise Science program.



Students participated in interactive learning experiences that helped them understand the practical applications of their studies.



Additionally, AHCF participate in field trips to the Kent Fire Department, Kent State University's Sports Medicine Department, Northeast Ohio Medical University (NEOMED), and Slippery Rock University. We look forward to these outstanding career and post-secondary exploration opportunities.

Athletic Health Care and Fitness students participate in many field trips throughout the school year that provide students with an opportunity to learn outside of the classroom, gain real-world experience, and connect their classroom learning to future career opportunities. Here are a few examples of these experiences:

Students visited The University of Mount Union for their Health Professions Visit. This trip allowed students to explore different health career options. They enjoyed hands-on activities and learned about what it takes to succeed in health professions.



Ethan Murphy



Cole McDougal

Completers mentor and give back to the AHCF program

Athletic Health Care and Fitness (AHCF) students have the opportunity to network, shadow, and gain valuable insights from various professionals in the industry, many of which completed the AHCF program! AHCF completers **Ethan Murphy** and **Cole McDougal** have found success in the healthcare and emergency response fields and have provided students with shadowing opportunities. Ethan is a paramedic for the City of Kent and Cole is a firefighter with the Green Fire Department.

These shadowing experiences are a wonderful opportunity for students to observe what a typical day is like for a paramedic and firefighter. While shadowing, students can observe emergency calls, participate in training exercises, and learn how to use important equipment. Ethan and Cole shared that they believe the hands-on experiences that they gained from the AHCF program prepared them for their current positions. By sharing their journeys, they hope to inspire current students to follow in their footsteps and pursue careers in healthcare and emergency response. We appreciate Ethan and Cole's support of the program and for being role models to our students!

Success Story



Kylie Hudson

Kylie Hudson is a 2020 graduate of Theodore Roosevelt High School and a completer of the Athletic Health Care & Fitness (AHCF) program. Kylie has worked hard to achieve her goals, and her story is one to celebrate. Kylie graduated from Hiram College with her undergraduate degree in Integrative Exercise Science, with a minor in Sports Concentration.

Kylie's dream of becoming a physical therapist is rooted in her personal experiences. She faced two ACL tears during her high school athletic career, which gave her a firsthand knowledge of rehabilitation and recovery. Overcoming these injuries motivated her to help others who are going through similar injuries.

Kylie has recently been accepted into the Doctor of Physical Therapy degree program at the University of Mount Union. Kylie's journey is an amazing example of how hard work, determination and focus can help you achieve your dreams. We are so proud of Kylie and look forward to seeing all of the great things she will accomplish in her career!