



About Saturday Family Workshop

Saturday Family Workshop (SFW), a key component of Compact C.A.R.E. services, is an intensive family-based program which offers a helping perspective for families dealing with substance use issues.

Since 1994, this service has been provided by the Six District Educational Compact at no charge.

SFW is offered as an alternative consequence to middle and high school students when they have violated their school's substance use policy or received a juvenile justice referral. In this circumstance, the student must attend three sessions on consecutive Saturday mornings accompanied by at least one parent or legal guardian.

In addition, any family may elect to participate in Saturday Family Workshop solely for their own education and awareness.

Instructional methods include short lectures and films, as well as large and small group discussions in an informal setting. Instructors have extensive training in substance use education.

It is the policy of the Six District Educational Compact to offer educational programs and activities without regard to race, color, national origin, sex and handicap, as required by the Civil Rights Act of 1964.



C.A.R.E. Coordinators:

Holly Merkle

Cuyahoga Falls City Schools
(330) 926-3800, ext. 502103

Rowen Karasek

Hudson City Schools
(330) 653-1420

Jacquie Peoples Dukes

Kent City Schools
(330) 676-8700, ext. 8704

Samantha Pfeiffer

Stow-Munroe Falls City Schools
330-689-5231

Rosalie Lemke

Tallmadge City Schools
(330) 633-5505, ext. 1075

Haley Film

Woodridge Local Schools
(330) 929-3191, ext. 592506



SixDistrict
EducationalCompact

Cuyahoga Falls • Hudson • Kent • Stow-Munroe Falls
Tallmadge • Woodridge
(330) 655-2247



COMPACT C.A.R.E. Chemical Abuse Reduced by Education

A Student Assistance Program
offered in Cuyahoga Falls, Hudson, Kent,
Stow-Munroe Falls, Tallmadge,
and Woodridge school districts as part of the
Six District Educational Compact



SixDistrict
EducationalCompact



What is C.A.R.E.?

The Six District Educational Compact Chemical Abuse Reduced by Education (C.A.R.E.) program was established in 1981 to provide early intervention and referral services for students experiencing problems with mood-altering chemicals, as well as prevention/education resources to Compact school districts. C.A.R.E. also provides support services not only for students recovering from chemical dependency but also for teachers and staff who work with students dealing with these issues.

What do C.A.R.E. Coordinators do?

- Support a district-wide approach to tobacco, alcohol and other drug use prevention and intervention programming.
- Offer referrals for accessible services and general information including initial assessment, intervention, case management and follow-up services.
- Identify signs and symptoms of tobacco, alcohol and drug use and provide intervention and referral, often on a crisis basis.
- Work with students, parents, teachers, administrators, staff and law enforcement officials.

Programs and Services:

- **Saturday Family Workshop for middle and high school students for substance use education.**
- **Saturday Family Workshop: Effective Strategies for Managing Anger-Conflict-Emotion (MACE) for students in grades 5, 6, 7, 8, and 9-12.**
- **Community programs and presentations**
- **Parent networking and resources**
- **National Red Ribbon Week**
- **Student peer intervention programs**
- **Health promotion and wellness programs**
- **Curriculum planning and consultation**
- **Education/information clearinghouse including data collection**
- **Coordination with community groups and partnerships**
- **Collaboration with county juvenile courts**

Annual C.A.R.E. Committee Awards

Each year at the annual C.A.R.E. awards dinner, the C.A.R.E. Committee Award of Appreciation is presented to a remarkable individual or organization in recognition of outstanding service to the Six District Educational Compact schools and communities.

Recipients of this award have truly distinguished themselves in substance use prevention and intervention efforts.

In addition, each school district recognizes a school-based or community resident or organization with a C.A.R.E. district award.

What C.A.R.E. Coordinators say:



"We deal with reality."

"We are a safety net. We help kids stay in school, meet their potential, have a successful life, be healthy and well."

"Tobacco, drug and alcohol abuse is a national, state and local issue. Awareness and prevention are key."

"In some cases, we provide a second chance to first-time offenders. Without C.A.R.E., the alternative is juvenile court."

"There is a place and a person to go to if you have a concern about drugs and violence. A resource is available - with a name and a face."

